Marti L Wangen

Subject:

FW: Info for Tripler Fellowship Program

DATE 2-11-11
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MARTI L WANGEN, CAE

From: Earl Sutherland [mailto:esuth1@msn.com]

Sent: Tuesday, January 25, 2011 7:34 PM

To: Marti Wangen

Subject: Info for Tripler Fellowship Program

Hi Marti,

Below is the url for the Tripler Fellowship program.

http://www.tamc.amedd.army.mil/residency/mchk-ph/pfpp.htm

The Army is the only service that provides its own fellowship training program for prescribing psychologists. The Army psychologists attend Argosy University in Honolulu and complete a M.S. in Clinical Psychopharmacology as part of their fellowship training.

The other services pay for their active duty candidates to attend an post-doctoral M.S. Clinical Psychopharmacology program such as Alliant University's. That is the program that MPA has affiliated with and is approved as a higher education provider in MT. An Air Force psychologist that I have contacted has simpleted her training there (Alliant) and is happy to contact Rep. Roberts directly. Below is the Air Force Policy statement.

7.8.3.17. Those clinical psychologists designated by the HQ USAF/SG, who participated in the DoD Psychopharmacology Demonstration Project (PDP) and were thereby granted prescriptive authority, may continue to have prescriptive authority for the remainder of their tenure with the AFMS. Prescriptive authority may also be granted to fully qualified psychologists who have completed a Master's Degree in clinical psychopharmacology, successfully passed the Psychopharmacology Exam for Psychologist (PEP), and who have received a minimum of one year of documented supervision. Supervision must be provided by a psychiatrist or a psychologist with prescriptive authority.

All services are hiring civilian prescribing psychologists. With the exception of the Army, the Armed services requirements for the civilian prescribing psychologists are identical to our bill. The Army allows an individual hospital commander to set credentialing standards. Some Army hospitals accept a state license to prescribe and others do not require a state licensed but do require that a civilian psychologist with an M.S. in Clinical psychopharmacology pass the national examination and be supervised by an Army psychiatrist for one year.



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TAMC INTEGRATED PRACTICE POSTDOCTORAL TRAINING PROGRAM



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PROGRAM PHILOSOPHY

Our Integrated Practice Postdoctoral Training Program strives to provide each postdoctoral psychology fellow with advanced training and specialty expertise. The program is structured to produce psychologists who are capable of understanding, appreciating, and contributing to the scientific underpinnings of clinical practice. We not only believe that science must inform clinical practice but that practice must inform science. Thus, we strive to produce highly capable scientist-practitioners.

Within the "traditional" Practice Area of clinical psychology, there are several formally recognized and emerging specialty practice areas. In keeping with our departmental strengths in clinical psychological service and research arenas, we have defined three areas for specialty training within our Integrated Practice Postdoctoral Program. These are Clinical Child Psychology, Clinical Health Psychology and Clinical Neuropsychology. Each area provides postdoctoral fellows with opportunities to achieve specialty levels of expertise in psychological assessment and treatment and to integrate clinical and research training experiences. It is believed that postdoctoral training is the optimal opportunity to develop the high level of specialty expertise needed for health care delivery careers, academic careers or leadership roles in the health care delivery system.

Our program highly values interdisciplinary training and multidisciplinary team participation. Our fellows train along side trainees of many other disciplines, depending on their Specialty Practice Area, e.g., child psychiatry fellows, pediatrics residents, family practice residents, surgery residents, etc. They also participate in multidisciplinary teams in primary care, pain rehabilitation, schools, oncology, etc. The faculty models interdisciplinary cooperation and demonstrates the unique contributions psychologists can make to multidisciplinary teams, thus helping prepare students to take active and productive roles on such teams.

Our Integrated Practice Postdoctoral Training Program strives to facilitate the professional development of each postdoctoral fellow. It is believed that some aspects of the training program are most appropriately individualized and that individualized career advising is essential. Each postdoctoral fellow has unique career aspirations and is at his or her individual level of professional development. It is our conviction that this professional development be nurtured. We believe that this requires facilitation of appropriate opportunities for advocacy, development of research interests, crossspecialty or departmental collaborations, membership in professional organizations, and attendance at professional conferences.

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PROGRAM GOALS

The education and training goals of our Integrated Practice Postdoctoral Training Program in Clinical Psychology are consistent with our aims to (1) prepare clinical psychologists for clinical psychology practice at an advanced competency level and (2) provide them with advanced specialty level training. The training that we provide include: (a) diagnosing or defining problems through psychological assessment and implementing psychological interventions; (b) consultation, program evaluation, supervision and/or teaching; (c) strategies of scholarly inquiry; (d) organizational

management and administration issues as they affect the service delivery or research setting; (e) professional issues and conduct, including law and ethics, and other psychology service provider standards; and (f) issues of cultural and individual diversity relevant to all of the areas above.

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PROGRAM DESIGN

All fellows in our program spend 9 hours during an average week in common training experiences. This total increases to about 18 hours during a week with a two-day visit by a distinguished visiting professor. Fellows in each of the Specialty Practice Areas spend considerably more time together in seminars and training events specific to that Specialty Practice Area. The training activities common to all fellows are described

Distinguished Visiting Professors 2008-2009

Name

Topic

Roger Greene, Ph.D., ABPP

MMP12

William O'Brien, Ph.D.

Couples Therapy

Jon Kabat-Zinn, Ph.D. & Elizabeth

Mindfulness

Stanley, Ph.D. Allen Hess, Ph.D

Clinical Supervision

Randy Tackett, Ph.D.

Psychopharmacology Examination for

Psychologist-Preparation

Each visit by visiting professors is a two-day experience and includes approximately 12 hours of seminar/workshop as well as opportunities for professional development as they interact with the distinguished professor.

Advanced Biopsychosocial Bases of Behavior/Psychopharmacology Training

This common training experience is a 30-credit hour, graduate level series of courses, conducted by Argosy University, Honolulu Campus. Fellows spend up to 7 hours per week in class throughout the fellowship. This significant training experience reflects our program's commitment to the biopsychosocial model of pathology and the notion that psychologists with advanced level training must thoroughly understand how physical factors and drugs of all kinds affect mental functioning

Clinical Fellows that opt to complete all the courses will receive a Masters Degree of Science in Psychopharmacology.

The courses are listed below (required courses denoted by H = Health, C = Child, N = Neuropsychology).

Anatomy & Physiology (CHN)

Neuroanatomy (NH)

Pathophysiology (CHN)

Neurophysiology (N)

Pharmacology (H)

Neurochemistry (NH)

Clinical Pharmacology Psychopharmacology

Physical & lab assessment(H)

Special Issues in Pharmacology

Pharmacotherapeutics

Ethics & Professional Issues

Seminar on the Practical Applications of Clinical Pharmacology

Psychopharmacology Practicum (8 hours per week, one-year long)

In addition to the Argosy University class work, all fellows attend a weekly 1-1/2 hour seminar on applied psychopharmacology. This class, taught by faculty member Dr. John Myhre, provides didactic presentations on psychopharmacology as well as an opportunity for fellows to discuss current cases that include the psychopharmacotherapy.

Ethics Seminar Series

Fellowship Seminar and Director of Training Meeting (1 1/2 hour per week)

- 1. Fellows participate in a yearlong Ethics Seminar Series. The seminar focuses on ethical practice and ethical conflicts in psychology. The seminar is conducted as an interactive discussion of relevant topics, and fellows are encouraged to think critically about ethical challenges and reflect on their own practices from an ethical standpoint. Although the Director of Training of the Integrated Practice Program has overall responsibility for the seminar, the fellows are also involved in conducting presentations during this seminar.
- 2. Fellows also participate in a cultural diversity seminar series in which various topics are discussed, including diverse ethnic and cultural groups, sexual orientation, disabilities, and military culture and considerations when planning interventions and assessment strategies.

Along with the Director of Training, the Fellows are responsible for conducting presentations during this seminar.

- 3. Fellows also participate in a supervision and program development and evaluation seminar.
- Further, fellows will also participate in weekly didactic seminars in each respective Specialty Practice Area (refer to specialty handbooks).
- 5. Finally, each fellow will participate in case conferences with each Specialty Practice Area.

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SELECTION PROCEDURES

- The selection of military fellows and civilian fellows is different. The Tripler Department
 of Psychology Integrated Practice Training Program does not have direct input in the
 selection of military fellows.
 - a. Entry criteria for military fellow: Applications for the Specialty Practice Areas are accepted from active duty United States Army clinical psychologists. Entry into the Specialty Practice Areas is based upon completion of an APA or CPA accredited doctoral education and training program in clinical or counseling psychology or program that is acceptable to the Army Surgeon General. Fellows will also have successfully completed an APA or CPA accredited internship or a program acceptable to the Surgeon General of the Army. In all cases, candidacy for postdoctoral training in each Specialty Practice Area must be based on demonstration of skills as a health services provider in the scientist practitioner model, and an interest in and capacity for the Specialty Practice Areas. Applicants to the fellowship must possess an unrestricted license to practice psychology in one of the 50 states or the District of Columbia, must possess the 73B Specialty Skills Indicator (Clinical/Counseling Psychologist), and must meet other requirements for selection as determined by the Army Medical Department (AMEDD) long Term Health Education and Training (LTHET) program based upon the discretion Long Term Health Education and Training (LTHET) program based upon the discretion and guidance of the Psychology Consultant to the United States Army Surgeon General. Most active duty Clinical Psychologists have an average of six years of independent practice. United States Army 73B psychologists interested in applying for the fellowship should obtain the most up to date instructions for application from the Long Term Health and Education Training Program (LTHET), Medical Service Corps, United States Army. There are internet links to this LTHET information through the Army Medical Service Corps web page and the Army Knowledge Online Clinical Psychology (73B) web page. Deadline for application is currently May 1, but applicants should consult LTHET as Deadline for application is currently May 1, but applicants should consult LTHET as application processes may change from year to year. The fellowship will ordinarily begin on September 1 of the following year, but alternative starting dates may be possible to negotiate with the Director of Training (DOT) of Integrated Practice Program and the United States Army Psychology Consultant on an individual basis, depending on the unique circumstances of the fellow and the need of the Army. The application packet currently includes: DA Form 3838 Application for Professional Training, Commanders Height/Weight/Andy Fat Standards and Army Physical Stiness Test packet currently includes: DA Form 3838 Application for Professional Framing, Commanders Height/Weight/Body Fal Standards and Army Physical Fitness Test Memorandum, undergraduate and graduate transcripts, a Department of the Army photograph on-line, a Memorandum of Recommendation from the Psychology Consultant to the United States Army Surgeon General, and an up to date Officer Record Brief/Official Military Record File on-line. A Selection Board comprised of senior United States Army Medical Service Corps officers (usually including one psychologist) meets on or about the month following the application deadline. Acceptance decisions are announced 60 to 90 days afterwards.
 - b. Entry criteria for civilian fellows: Clinical and counseling psychologists are eligible to apply to one Specialty Practice Area if they have completed a doctoral degree (Ph.D. or Psy.D.) and psychology internship from APA-accredited programs or programs acceptable by the United States Army Surgeon General (Neuropsychological Specialty Practice Area is only accepting military applicants). Applicants who have completed all academic requirements but do not yet have a doctoral diploma must submit a letter from the director of graduate studies verifying the completion of all degree requirements. Persons with a Ph.D. in another area of psychology who meet the APA criteria for re-specialization training in Clinical or Counseling Psychology are also eligible. Applicants must be U.S. citizens. As an equal opportunity training program, the fellowship strongly encourages applications from all qualified candidates, regardless of racial, ethnic, sexual orientation, disability or other minority status. The training program highly encourages Native Hawaiians or individual with an interest to serve with the Native Hawaiian populations. During the selection process, we consider minority status as a beneficial factor in contributing to a diverse training group, and therefore, give weight to this factor in our selection rankings.
- 2. The date line for application would be February 1, 2010.
- 3. Tripler Army Medical Center is an equal opportunity employer, dedicated to a policy of nondiscrimination in employment on any basis, including race, gender, age, religion, national origin, disability, sexual orientation, ancestry, or prior belief or activity. Our policy is to select the best-qualified persons on the basis of ability, experience, education, and training, as related to the requirements of the specific position for which the applicant is being considered.

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SPECIALTY PRACTICE AREAS

In addition to the core curriculum, there are multiple training experiences shared by fellows within a common specialty-training specialty practice area. These may include

university courses, seminars, workshops, case conferences, and clinic and treatment experiences as indicated below.

Clinical Child Psychology Specialty Training Practice Area

The Child Psychology Specialty area's post-doctoral training is consistent with the Guidelines and Principles Accreditation of Postdoctoral Training Programs in Clinical Child Psychology (Division 53 Task Force) and the Model for Training Psychologist to Provide Services for Children & Adolescents (Robert et. al 1998). A Practitioner-Scholar model guides the Clinical Child Psychology Specialty area at TAMC Army Medical Center, with an emphasis on clinical practice that is validated by empirical research.

The Clinical Child Psychology Specialty Practice Area prepares post-doctoral level psychologists pursuing careers in Clinical Child Psychology (in military and civilian settings) to make significant, scholarly and advanced professional contributions in the areas of clinical services, research, and/or teaching activities through providing a comprehensive, intensive two-year scholar-practitioner model program in the specialty area of Clinical Child Psychology. The goals of the training program are:

- The primary goal of the specialty area is to use the practitioner-scholar approach to train Clinical Child Psychologists to be prepared to work in a variety of Child Psychology-related clinical, research, and academic settings (including military and civilian setting).
- 2. The long-term goal of the fellowship is to train psychologists who are interested in pursuing careers in Clinical Child Psychology and making significant contributions to the delivery of clinical services, research, and/or teaching activities.

Service Recipient Populations. The Child Psychology Clinic provides services to children, adolescents and their families with a wide range of disorders and from different ethnic/cultural and diverse backgrounds. Fellows are trained to evaluate and treat youth with autism, Asperger's Disorder, Mental Retardation, and Tourette's Disorder; learning and language disorders; Attention Deficit/Hyperactivity Disorder, Conduct Disorder, Oppositional Defiant Disorder, and other disruptive behavior disorders; Major Depression; Bipolar Disorder, other mood disorders; the entire range of anxiety disorders; adjustment disorders; and attachment disorders. Fellows may also work with children presenting with comorbid conditions such as alcohol or substance abuse, physical or sexual abuse, bereavement/loss issues, medical disorders, family problems and unique military stressors (e.g. deployment stress).

Children with a variety of medical conditions are treated along with their families as needed. Such conditions include obesity, pediatric headaches, diabetes, cystic fibrosis, irritable bowel syndrome, enuresis, encopresis, failure to thrive, functional abdominal pain, and cancer. Treatment of such cases occurs in the Pediatric Clinic, the Pediatric Ward and the Intensive Care Unit. Children seen in the schools tend to have disruptive behavior disorders and/or academic problems, although mood, anxiety, social, and family problems are also common.

The primary treatment population at TAMC consists of military dependents who represent a broad range of cultures and ethnicities: Caucasian, African-American, Pacific Islander, Asian, Hispanic, Filipino, and a multitude of mixed races and ethnicities are included in the catchment area of TAMC. TAMC also offers medical care to a minority of nonmilitary patients through the Pacific Island Project, which targets residents of smaller nations throughout the Pacific. TAMC is the tertiary care center for the Pacific Region; as such, some patients are medically evacuated from remote sites including Okinawa and Japan. Therefore, fellows are exposed to a rich mix of cultures, ethnicities and individual differences.

Approximately 8,000 children are empanelled in the pediatrics clinic (from a catchment area that serves a total of 45,000 children). Some 80% are in the 0-11 age range and 52% are male. The school population tends to be relatively low income (53% qualify for free or reduced lunch), racially diverse (White=44%, Black=24%, Hispanic=11%, other=9%, Filipino=5%), and equally split by gender (50% male, 49% female). Those treated at the Native Hawaiian CHCs have been described previously (see Behavioral Medicine/Health Psychology section above).

Training Experiences Offered in Settings. Overall, fellows gain experience evaluating and treating children and adolescents from infancy to late adolescence with a wide variety of medical and psychological conditions. Fellows are trained to conduct different types of evaluations depending on the setting. In the pediatric clinic, fellows perform rapid assessments using a variety of evaluation methods. In the schools, fellows perform mental health and academic screenings as well as behavioral observations and consultation with teachers and parents. In the outpatient clinic, fellows perform more detailed diagnostic evaluations (which may include psychometric testing) that result in a more in-depth case formulation and treatment plan. They are additionally provided with opportunities to train and supervise student trainees, facilitate and lead clinical projects, and become involved in multidisciplinary treatment functions.

Fellows have the opportunity to participate in research activities by developing their own projects, participating in ongoing research, and presenting their research both at Tripler and at professional meetings. They perform research in all settings, depending on the requirements of the specific project. Fellows can participate in optional mini rotation with

our Staff Research Psychologist. During this rotation, the fellows have the opportunity to work on their own individual research project, to participate in ongoing departmental research projects, or gain experience in the Department of Psychology programmatic evaluation process.

Training Positions Available: Two positions are available per training year.

Please contact TAMC.PHFellowshipDir@amedd.army.mil for a copy of the Clinical Child Psychology Postdoctoral Training Handbook.

Clinical Health Psychology Specialty Practice Area

The Clinical Health Psychology Specialty follows standards and guidelines depicted in the 2007 American Psychological Association Division 38 (Health Psychology) sponsored summit meeting revisiting the standards training in clinical health psychology (France et. Al, 2008).

The mission of the Clinical Health Psychology post-doctoral training program is to provide a comprehensive and intensive two-year training program in the specialty area of Clinical Health Psychology in preparation to work in diverse health settings in military and civilian settings. Emphasis will be placed on a practitioner-scholar model that is both programmatic and competency-based. At the center of clinical health fellowship training is a set of core competencies and the biopsychosocial model. It is through the establishment of those competencies and application of the model that the fellow is able to be successful in diverse environments of health psychology. Clinical psychopharmacology training, particularly the foundational courses, provide an introduction and review of physiology, pathophysiology, and pharmacology necessary to work closely with patients and other medical providers in a health setting. These courses are taken through Argosy University in Honolulu. Each of the training setting and rotation offers both unique training opportunities (patient type, and setting) as well the opportunity to first establish the core skills and then refine the skills while using the biopsychosocial model. Furthermore, the habit of lifelong leaning is instilled in fellows in the field of health psychology.

The fellowship is comprised of three major rotations with correspondingly aligned minor rotations. The major rotations are: LEAN Healthy Lifestyle Program, the Chronic Pain Rehabilitation Program Behavioral Medicine and Primary Care. The aligned minor rotations are located out side of the Department of Psychology and are: Endocrinology, Oncology, and Cardiology, Additional elective training experiences can be coordinated within the TAMC system. Primary Care settings include primary care settings in TAMC as well as community health centers in the state of Hawaii. These community health centers care for underserved populations in the state. This program underscores a TAMC commitment to a larger community.

Training Positions available: Two positions are available every year. Please contact TAMC.PHFellowshipDir@amedd.army.mil for a copy of the Clinical Health Psychology Postdoctoral Training Handbook.